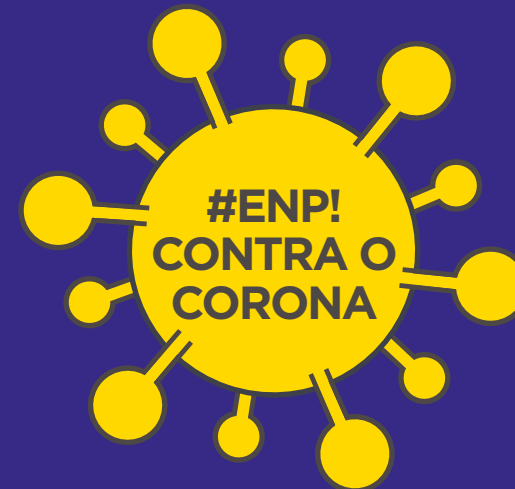


Ladies,

#StayHome during this quarantine.

Protect yourself from the coronavirus, but also defend yourself from **domestic violence**.



How to report?

- **Phone:** dial 100, 180 or 190
- **Online:** Direitos Humanos BR app (available for Android) or tjsp.jus.br/cartademulheres
- **In person:** closest Women's Defense Police Station or regular Police Station

Anonymity guaranteed. Service 24/7.